

THEIR VIEW

Long Time, No...

So, I was approached a few weeks ago by an avid reader and 4-H fan (Hello, Ms. Dolie!) wondering why she hadn't read anything about 4-H in The Newberry Observer in a while. Well, it isn't because Editor Andrew Wigger hasn't asked (begged) for an article! It's because we (Newberry County 4-H) have been so darn busy with summer programs that I haven't had time to write anything! Here is what we have been up to lately...



Alana West
Contributing columnist

We started camps off with a bang way back during Spring Break by trying out a new camp — Survivor Camp: Spring Break Edition. And, I can honestly say, it was the most fun camp we have ever held! Loosely based off of the popular television series Survivor, we formed teams (boys vs. girls) and competed in challenges and brain breaks that emphasized team work and communication skills. Challenges had youth building marshmallow towers, leading each other through blindfolded obstacle courses, and even eating Oreos with no hands! It was a blast that ultimately resulted in a tie between our teams. This camp is a keeper so be on the lookout for it in our future lineups!

Once summer officially rolled around we opened camp season with Clovers in the Kitchen Day Camp. Our In The Kitchen Clubs that meet throughout the school year are very popular. Our day camps are a sort of taste test, pun intended, for kids to see if they would like to join a club. Of course, many day camp participants are already members. This year, we made pizza roll ups, veggie dip, honey glazed fruit, yogurt cream pies, crispy chip chicken, healthy fruit dip, and cheesy rice. One day we focused on fruits and veggies and the next we focused on protein and grains. If you're interested in trying some of these recipes, they can be found in our Get Cooking with Newberry

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The Newberry Soil and Water Conservation District (NSWCD) wrapped up our annual Camp Conservation at the end of June. The five-day summer camp is put on annually at the end of June to have kids ages 6-14 to be outside and up close

...for \$10 each at the Newberry
County Clemson Extension Office. While our
Clovers in the Kitchen is for ages 5-9, we will
offer Kids in the Kitchen for youth ages 10-14
in August. Sorry kids, that camp is full with
a waiting list! Ask to join our mailing list by
emailing awillin@clemson.edu. That way you
will know when camp and club registrations
open!

Next up, we held Survival Day Camp. This
was a fun way to learn how to survive if you
happen to get lost in the wilderness. Youth
learned how to purify water, build a fire, con-
struct a shelter, use a compass, and tasted
a MRE (meals ready to eat). Apple pie was
acceptable, but the pork sausage was not!
Youth went home with a survival kit and
instructions that it was not a play toy! I even
have one in my car now. You know, in case of a
heavy snow fall and I get stranded on the way
home from purchasing milk and bread.

There have been a few other camps around
the region that have hosted 4-Hers from New-
berry County as well. The traditional S.C.
4-H Summer Camp at Camp Long in Aiken is
always a classic, as is S.C. 4-H Summer Camp
at Camp Bob Cooper in Summerton. I am sure
that just the mention of those camps jogs a few
fond memories.

Camp WILD at Chester State Park was held
the last week in June. This is the only 4-H tent
camping experience for youth in S.C. Three
days and two nights in a state park with les-
sons on compass and pacing, pitching tents,
pollinators, proper American flag disposal,
canoeing, and swimming. Throw in tacos,
hotdogs, 90 degree temperatures, and thunder-
storms and it makes for one heck of a week!

And while I'm tired from just writing about
the fun we've had so far this summer, there
is still more to go. Coming up we will host a
Manners Matter workshop to teach telephone
and table etiquette, napkin folding, rules for
displaying an American flag, and how to write
a thank you note; Super Hero Science Day
Camp to explore the science behind our favor-
ite super heroes' super powers; 4-H2O: Explor-
ing Lake Murray, and another In the Kitchen
Day Camp. Stay tuned for updates on what
is sure to be a fun second half of the summer
while I hide under my desk and wonder if it's
time for school to start yet!

For more information on 4-H, please con-
tact Newberry County 4-H Agent Alana West
at the Newberry Clemson Extension Office:
awillin@clemson.edu or 803-276-1091 x142.
All Newberry County 4-H information is avail-
able online at [www.clemson.edu/extension/
newberry/4h](http://www.clemson.edu/extension/newberry/4h).

Clemson University Cooperative Extension
Service offers its programs to people of all
ages, regardless of race, color, gender, religion,
national origin, disability, political beliefs,
sexual orientation, gender identity, marital
or family status and is an equal opportunity
employer.

Alana West is the Newberry County 4-H Agent, she can be reached at

outside and up close
with nature.

One of my duties
as district coordina-
tor is to organize the
camp, I worked to put
a wide range of activi-
ties together to teach
campers about different
aspects of conserva-
tion. I rely heavily on
presenters for our pro-
grams, I try to bring in
people who are estab-
lished in different fields
and like spreading that
information to kids to
do hands on activities.

Each day consisted
of at least three differ-
ent activities and were
related to areas such
as plant components,
wildlife behavior, and
water quality. We tried
to hit different topics
each day, so campers
always had something
they would be inter-
ested in.

Examples of activi-
ties include a lesson
on vermicompost-
ing, composting with
worms and insects,
where campers got

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One can only
imagine how
Jeffrey
Epstein's
VICTIMS
must feel.

