



Long Time, No....

So, I was approached a few weeks ago by an avid reader and 4-H fan (Hello, Ms. Dolly!) wondering why she hadn't read anything about 4-H in the Newberry Observer in a while. Well, it isn't because Editor Andrew Wigger hasn't asked (begged) for an article! It's because we (Newberry County 4-H) have been so darn busy with summer programs that I haven't had time to write anything! Here is what we have been up to lately...

We started camps off with a bang way back during Spring Break by trying out a new camp- Survivor Camp: Spring Break Edition. And, I can honestly say, it was the most fun camp we have ever held! Loosely based off of the popular television series *Survivor*, we formed teams (boys vs. girls) and competed in challenges and brain breaks that emphasized team work and communication skills. Challenges had youth building marshmallow towers, leading each other through blindfolded obstacle courses, and even eating Oreos with no hands! It was a blast that ultimately resulted in a tie between our teams. This camp is a keeper so be on the lookout for it in our future lineups!

Once summer officially rolled around we opened camp season with Clovers in the Kitchen Day Camp. Our In The Kitchen Clubs that meet throughout the school year are very popular. Our day camps are a sort of taste test, pun intended, for kids to see if they would like to join a club. Of course, many day camp participants are already members. This year, we made pizza roll ups, veggie dip, honey glazed fruit, yogurt cream pies, crispy chip chicken, healthy fruit dip, and cheesy rice. One day we focused on fruits and veggies and the next we focused on protein and grains. If you're interested in trying some of these recipes, they can be found in our Get Cooking with Newberry County 4-H Cook Book which we just happen to have available for \$10 each at the Newberry County Clemson Extension Office. While our Clovers in the Kitchen is for ages 5-9, we will offer Kids in the Kitchen for youth ages 10-14 in August. Sorry kids, that camp is full with a waiting list! Ask to join our mailing list by emailing [awillin@clemson.edu](mailto:awillin@clemson.edu). That way you will know when camp and club registrations open!

Next up, we held Survival Day Camp. This was a fun way to learn how to survive if you happen to get lost in the wilderness. Youth learned how to purify water, build a fire, construct a shelter, use a compass, and tasted a MRE (meals ready to eat). Apple pie was acceptable, but the pork sausage was not! Youth went home with a survival kit and instructions that it was not a play toy! I even have one in my car now. You know, in case of a heavy snow fall and I get stranded on the way home from purchasing milk and bread.

There have been a few other camps around the region that have hosted 4-Hers from Newberry County as well. The traditional SC 4-H Summer Camp at Camp Long in Aiken is always a classic, as is SC 4-H Summer Camp at Camp Bob Cooper in Summerton. I am sure that just the mention of those camps jogs a few fond memories.

Camp WILD at Chester State Park was held the last week in June. This is the only 4-H tent camping experience for youth in SC. Three days and two nights in a state park with lessons on compass and pacing, pitching tents, pollinators, proper American flag disposal, canoeing, and swimming. Throw in tacos, hotdogs, 90 degree temperatures, and thunderstorms and it makes for one heck of a week!

NEWBERRY COUNTY

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*Public Service Activities*

And while I'm tired from just writing about the fun we've had so far this summer, there is still more to go. Coming up we will host a Manners Matter workshop to teach telephone and table etiquette, napkin folding, rules for displaying an American flag, and how to write a thank you note; Super Hero Science Day Camp to explore the science behind our favorite super heroes' super powers; 4-H2O: Exploring Lake Murray, and another In the Kitchen Day Camp. Stay tuned for updates on what is sure to be a fun second half of the summer while I hide under my desk and wonder if it's time for school to start yet!

For more information on 4-H, please contact Newberry County 4-H Agent Alana West at the Newberry Clemson Extension Office: [awillin@clemson.edu](mailto:awillin@clemson.edu) or 803-276-1091 x142. All Newberry County 4-H information is available online at [www.clemson.edu/extension/newberry/4h](http://www.clemson.edu/extension/newberry/4h).

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